

**PREP INSTRUCTIONS FOR PATIENTS  
ENG/VNG**

**ENG (electronystagmography)**

**VNG (Videonystagmography)**

Your ears must be cleared of cerumen (wax). If you have a problem with wax, please have it removed before your test.

**PLEASE ARRIVE ON AN EMPTY STOMACH, (AT LEAST 4 HOURS PRIOR TO TESTING). IF YOU NEED TO EAT FOR MEDICAL REASONS LIKE DIABETES, PLEASE HAVE A LIGHT MEAL**

Bring with you: **prescribed eyeglasses or contacts.**

Remove all eye make-up prior to your test.

For **72 hours** before the test **avoid** the following medications (if you're unsure check with your physician before stopping) : **Barbiturates, Anticonvulsants, Tranquilizers, Antihistamines and cold/allergy medications, narcotics.**

**No antivert or meclazine for 72 hours before your test.**

No alcohol or smoking

If you have any questions please call  
TESTING IN MEADVILLE: 814.333.5100  
TESTING IN GROVE CITY: 724.458.0511

OR CALL DR WHITE @ 814.373.3070

**PLEASE DO NOT BRING CHILDREN WITH YOU TO THIS APPOINTMENT AS IT TAKES APPROXIMATELY 90 MINUTES FOR THIS TEST.**

**THANK YOU.**

Audiology Department

Date \_\_\_\_\_ Married/Single/Divorced (Circle One)  
 Patient's Social Security Number \_\_\_\_\_  
 Patient's Full Name \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Patient's age today \_\_\_\_\_  
 Patient's other name or Maiden Name \_\_\_\_\_  
 Patient's Full Address \_\_\_\_\_  
 Patient's Phone Number \_\_\_\_\_ County or Township \_\_\_\_\_  
 Patient's Next of Kin/Family Contact \_\_\_\_\_  
 Contact Address and phone number \_\_\_\_\_

Patient's Family Doctor \_\_\_\_\_ Who is referring Doctor \_\_\_\_\_  
 Phone number of family doctor (if not local) \_\_\_\_\_

Patient's Employer \_\_\_\_\_  
 Employer's Full address and phone \_\_\_\_\_  
 Patient's occupation \_\_\_\_\_ Full time or Part time \_\_\_\_\_

**(PLEASE PROVIDE YOUR INSURANCE CARDS FOR COPYING PURPOSES)**

Name of Insurance \_\_\_\_\_  
 Policy Holders name \_\_\_\_\_  
 Policy holders Employer \_\_\_\_\_

Have you ever had your hearing tested before? \_\_\_\_\_ Where and When \_\_\_\_\_  
 When did you first notice or suspect a hearing problem? \_\_\_\_\_  
 Has your hearing decreased gradually or is was it sudden \_\_\_\_\_  
 Explain, if necessary - \_\_\_\_\_  
 Do you feel you hear better in one ear over the other? (left or right) \_\_\_\_\_  
 Have you ever had ear surgery? \_\_\_\_\_ When and Where \_\_\_\_\_  
 Do you have buzzing or ringing in you ears? \_\_\_\_\_ Describe: \_\_\_\_\_  
 Do any members of your family have hearing problems? \_\_\_\_\_  
 Have you ever worked in a noisy job? \_\_\_\_\_ How long? \_\_\_\_\_ Where? \_\_\_\_\_

Have you EVER	In previous 90 days, ONLY	Past or Present
<input type="checkbox"/> been in military	<input type="checkbox"/> dizziness	<input type="checkbox"/> high blood pressure
<input type="checkbox"/> played in band	<input type="checkbox"/> lightheadedness	<input type="checkbox"/> scarlet fever
<input type="checkbox"/> hunted	<input type="checkbox"/> loss of balance	<input type="checkbox"/> measles/mumps
<input type="checkbox"/> used pistols	<input type="checkbox"/> room spinning	<input type="checkbox"/> head injury
<input type="checkbox"/> used rifles	<input type="checkbox"/> ear aches/pain	<input type="checkbox"/> multiple sclerosis
<input type="checkbox"/> used shotguns	<input type="checkbox"/> fluctuating hearing	<input type="checkbox"/> arteriosclerosis
<input type="checkbox"/> used chainsaws	<input type="checkbox"/> ear infections	<input type="checkbox"/> diabetes
<input type="checkbox"/> used farm machinery	<input type="checkbox"/> ear drainage	<input type="checkbox"/> meningitis
<input type="checkbox"/> full/plugged ears	<input type="checkbox"/> allergy problems	
<input type="checkbox"/> Meniere's Disease		

Portion of the Dizziness Questionnaire Relating to the Definition of Symptoms.

\*\*\*\*\*

When you are dizzy do you experience any of the following sensations? Please read the entire list first. Then circle Yes or No to describe your feelings most accurately.

- YES NO Lightheadedness
- YES NO Swimming sensation in the head
- YES NO Blacking out
- YES NO Loss of consciousness
- YES NO Tendency to fall: To the right?
- YES NO To the left?
- YES NO Forward?
- YES NO Backward?
- YES NO Sensation of being thrown toward ceiling or floor
- YES NO Objects spinning or turning around you
- YES NO Sensation that you are turning or spinning inside, with outside objects remaining stationary
- Loss of balance when walking:
- YES NO Veering to the right
- YES NO Veering to the left
- YES NO Headache
- YES NO Nausea or vomiting
- YES NO Pressure in the head

Portion of the Dizziness Questionnaire Investigating Associated Symptoms that May Be Suggestive of Neurological Disease.

\*\*\*\*\*

Have you experienced any of the following symptoms? Please circle Yes or No and circle if Constant or if in Episodes.

- YES NO Double vision Constant In episodes
- YES NO Numbness of face or extremities Constant In episodes

YES	NO	Blurred vision or blindness	Constant	In episodes
YES	NO	Weakness in arms or legs	Constant	In episodes
YES	NO	Clumsiness in arms or legs	Constant	In episodes
YES	NO	Confusion or loss of consciousness	Constant	In episodes
YES	NO	Difficulty with speech	Constant	In episodes
YES	NO	Difficulty with swallowing	Constant	In episodes

Portion of Dizziness Questionnaire Relating to the Determination of Characteristics and Etiology of the Disorder.

\*\*\*\*\*  
 Please circle Yes or No and fill in the blank spaces.

My dizziness is:

YES	NO	Constant?
YES	NO	In attacks?

When did dizziness first occur? \_\_\_\_\_

If in attacks:

How often? \_\_\_\_\_  
 How long do they last? \_\_\_\_\_  
 Do you have any warning that the attack is about to start? \_\_\_\_\_

YES	NO	Are you completely free of dizziness between attacks?
-----	----	---

YES	NO	Does change of position make you dizzy?
-----	----	---

YES	NO	Do you have trouble walking in the dark?
-----	----	--

YES	NO	When you are dizzy, must you support yourself when standing?
-----	----	--

YES	NO	Do you know of any possible cause of your dizziness? If so, what? _____
-----	----	---

Do you know of anything that will:  
 YES NO Stop your dizziness or make it better?

YES	NO	Make your dizziness worse?
-----	----	----------------------------

YES	NO	Precipitate an attack?
-----	----	------------------------

- YES NO Were you exposed to any irritating fumes, paints, etc., at the onset of dizziness?
- YES NO Do you have any allergies?
- YES NO Did you ever injure your head?
- YES NO Were you unconscious?
- YES NO Do you take any medications regularly? If so, what? \_\_\_\_\_
- YES NO Do you use tobacco in any form? If so, how much? \_\_\_\_\_

Portion of the Dizziness Questionnaire which evaluates Possible Associated Auditory Symptoms

\*\*\*\*\*  
 Do you have any of the following symptoms? Circle Yes or No and circle the ear involved.

- YES NO Difficulty in hearing? LEFT/RIGHT/BOTH EARS
- YES NO Noise in your ears? Describe the noise. LEFT/RIGHT/BOTH EARS  
 \_\_\_\_\_
- YES NO Does noise change with dizziness? If so, how? \_\_\_\_\_  
 \_\_\_\_\_
- YES NO Fullness or stuffiness in your ears? LEFT/RIGHT/BOTH EARS
- YES NO Does this change when you are dizzy? LEFT/RIGHT/BOTH EARS
- YES NO Pain in your ears? LEFT/RIGHT/BOTH EARS
- YES NO Discharge from your ears? LEFT/RIGHT/BOTH EARS